

Rate

Your

Last

Relati

Onship



How did you meet?

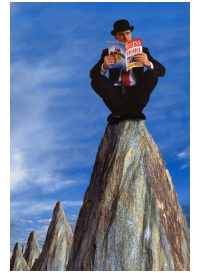
Through a friend



At work



Other



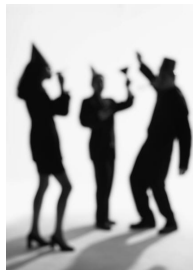
At school



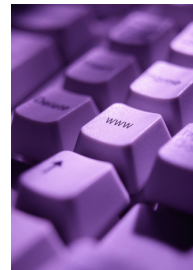
At a religious function



At a party/bar



Online



What was attractive?

Looks

Intelligence

Interests

Personality

Money

Family
Background

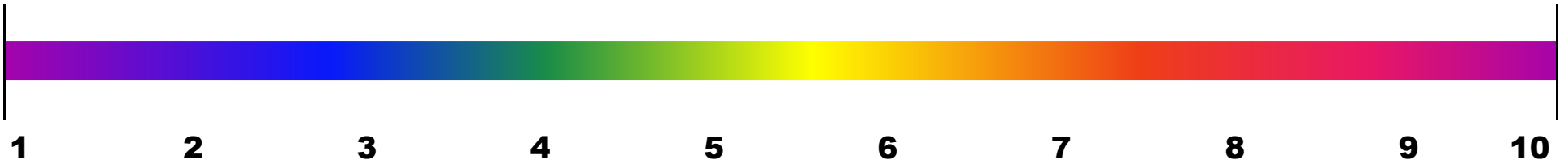
Spirituality

Character

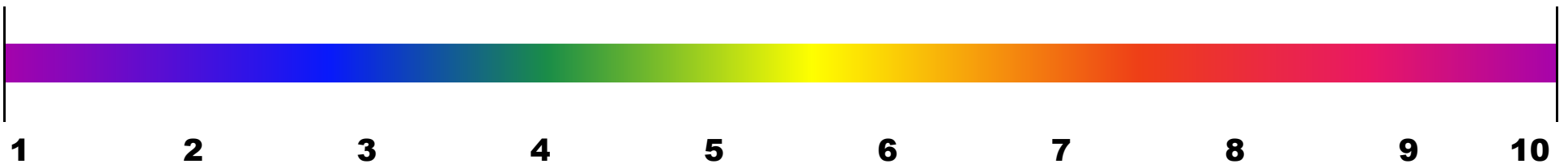
Other

How was it?

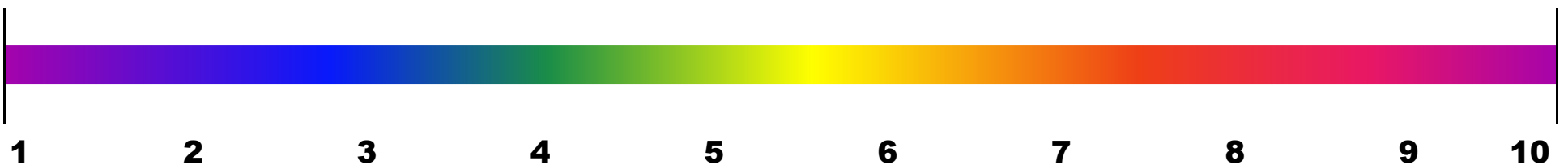
I felt RESPECTED



I felt KNOWN



I felt LOVED

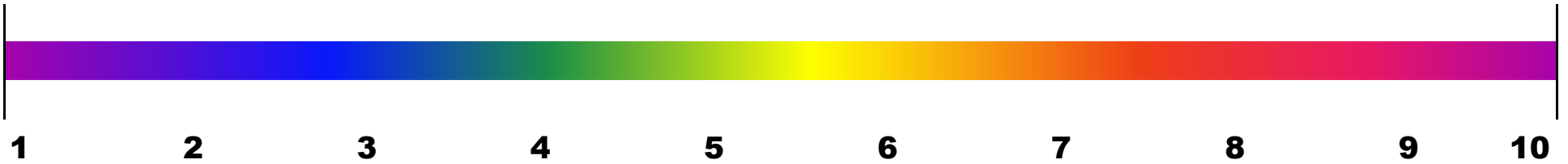


SHREK

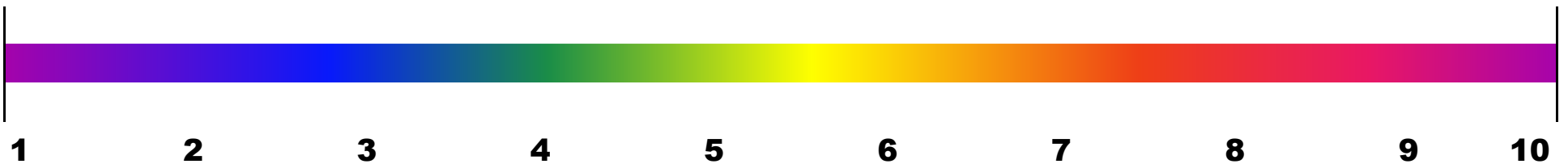


Where was the connection?

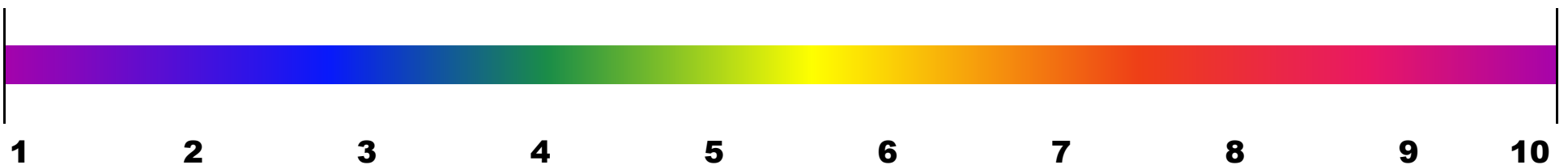
Physical attraction



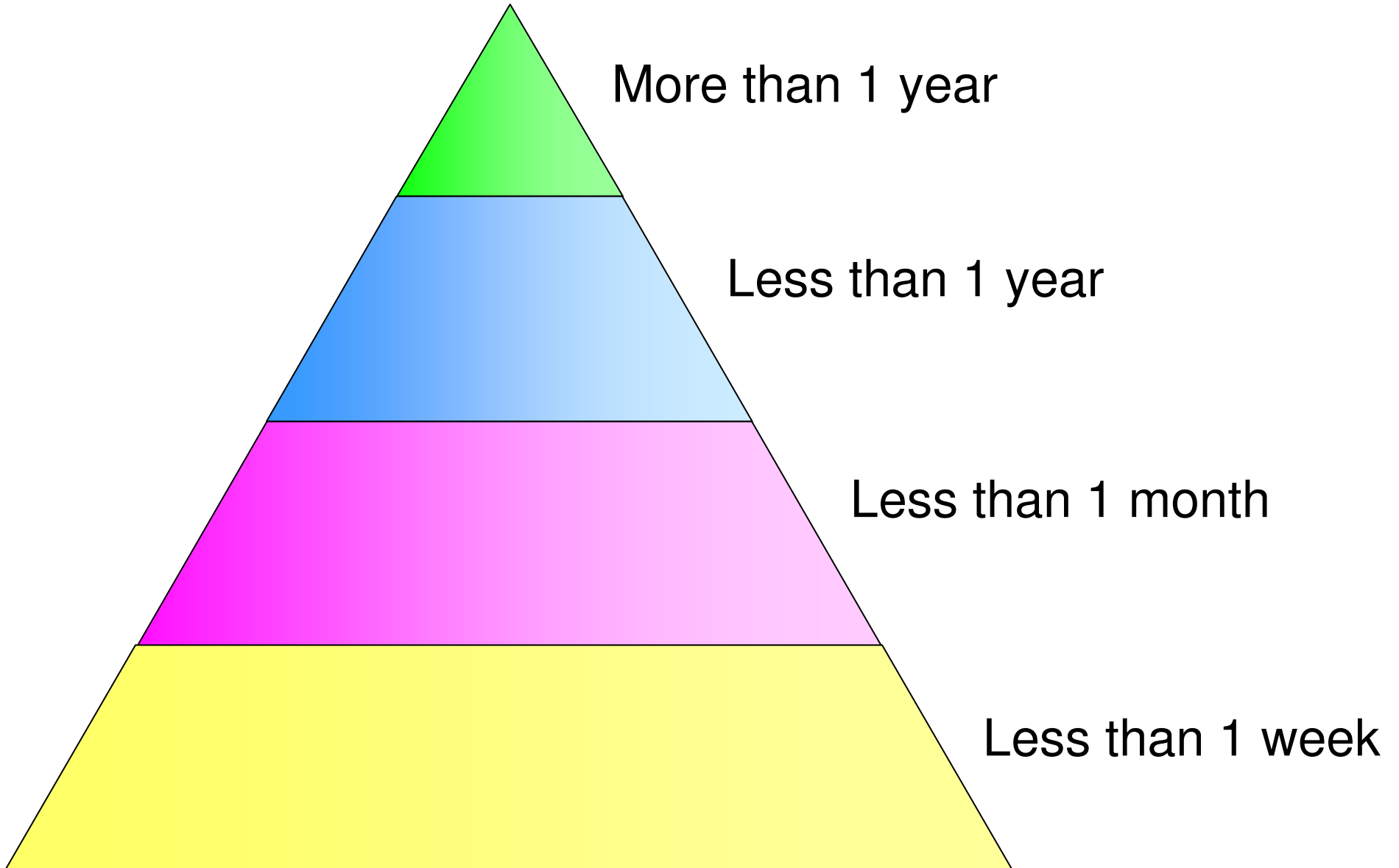
Personality



Character and values



How long did it last?



How did it end?

Break of trust

Lost feeling/
connection

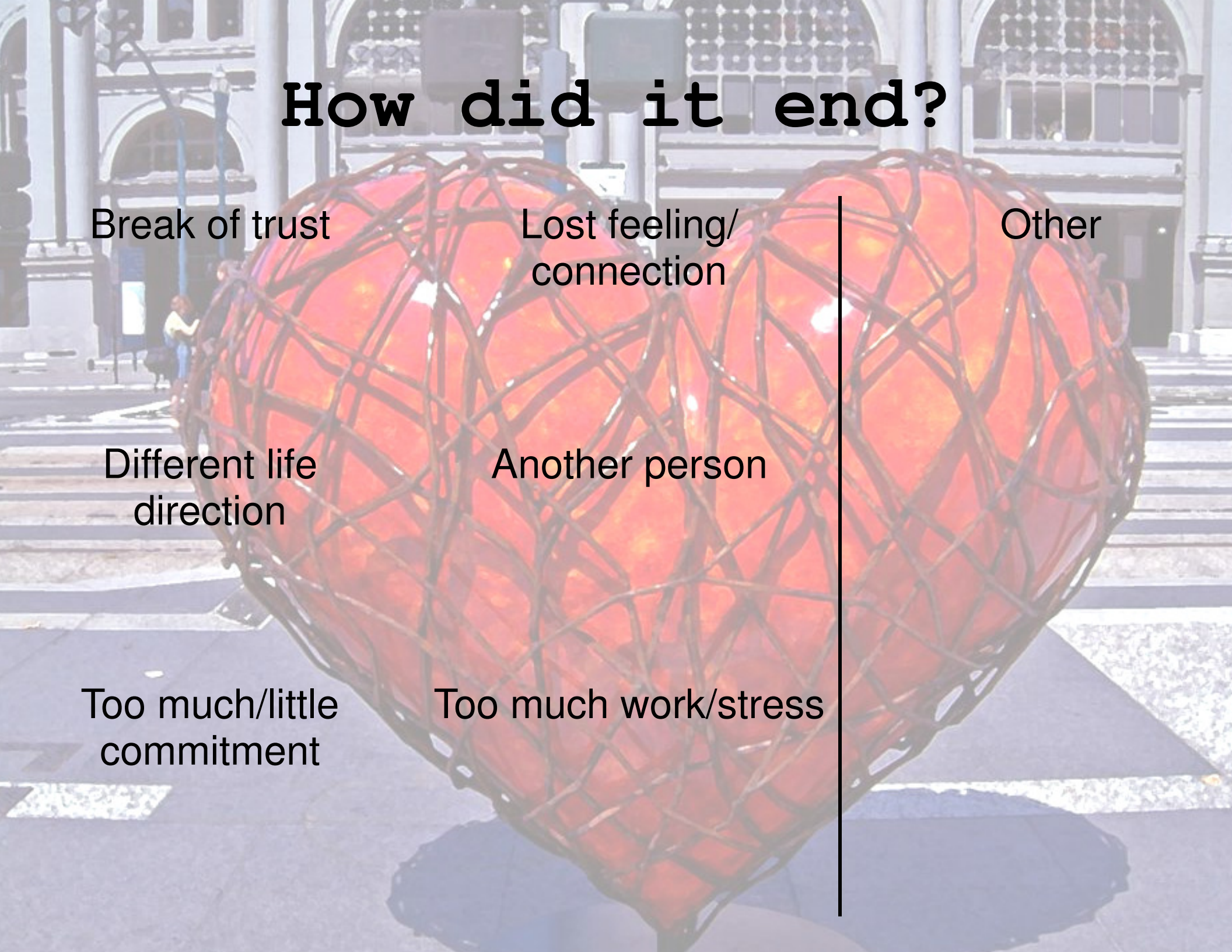
Other

Different life
direction

Another person

Too much/little
commitment

Too much work/stress



Rate the relationship

A

B

C

D

F

What did you learn about yourself?

I value independence

I have been hurt

I have standards to which I adhere

I'm high maintenance

I can be giving

I get jealous

I am afraid of being alone



What do you hope for now?

To be single for a while

For someone similar but with _____ changed

Someone I can spend the rest of my life with

Random play

Reflect on myself for a bit

Other

What do you think?

Agree

Disagree

The greatest happiness of life is the conviction that we are loved, loved for ourselves, or rather loved in spite of ourselves. ~ Victor Hugo

There is more hunger for love and appreciation in this world than for bread. ~ Mother Teresa

After all, computers crash, people die, relationships fall apart. The best we can do is breathe and reboot. ~Carrie, Sex in the City

Can great love help us do
great things?

Yes

No

