

Find

Lower

Heart's

Do Desire?

Thirst

What do you thirst for the most?

Significance

God

Appreciation

Romantic love

Power

Identity

Fun/Escape

Friendship/Companionship

Freedom

Other

Love & Desire

Why do our affections for people change? Because...

People just pass through

Life sucks

I change

I'm flawed

They change

They're flawed

I can't help it

Other



Jealousy

What do you envy about other people the most? Their...

Power

Wealth/Stuff

Good looks

Friends

Intellect

Personality

Experiences

Luck

Spirituality

Charisma



Cravings

What do you think really motivates us?

Desire for **sex**

Desire for **power**

Desire to **be loved**

Desire to **find meaning**

Desire to **have fun**

Desire for **immortality**

Desire to **be unique**

Desire to **feel important**





What Shapes Your Desires?

Pick your top two

Bodily Yearnings

Parents

Peer Pressure

Fears

Marketing/Media

Professors

Spiritual Ideals

Other

Undesirable Desires?

“Our bodies and those of others are composed entirely of filthy, smelly substances such as meat, bones, blood, pus, phlegm, saliva, excrement, urine, etc... the physical body of sentient beings is hardly worth cherishing... Therefore, this impure world is not worth craving or clinging to.”

—Dharma Master Thich Thien Tam, Pure Land Buddhist

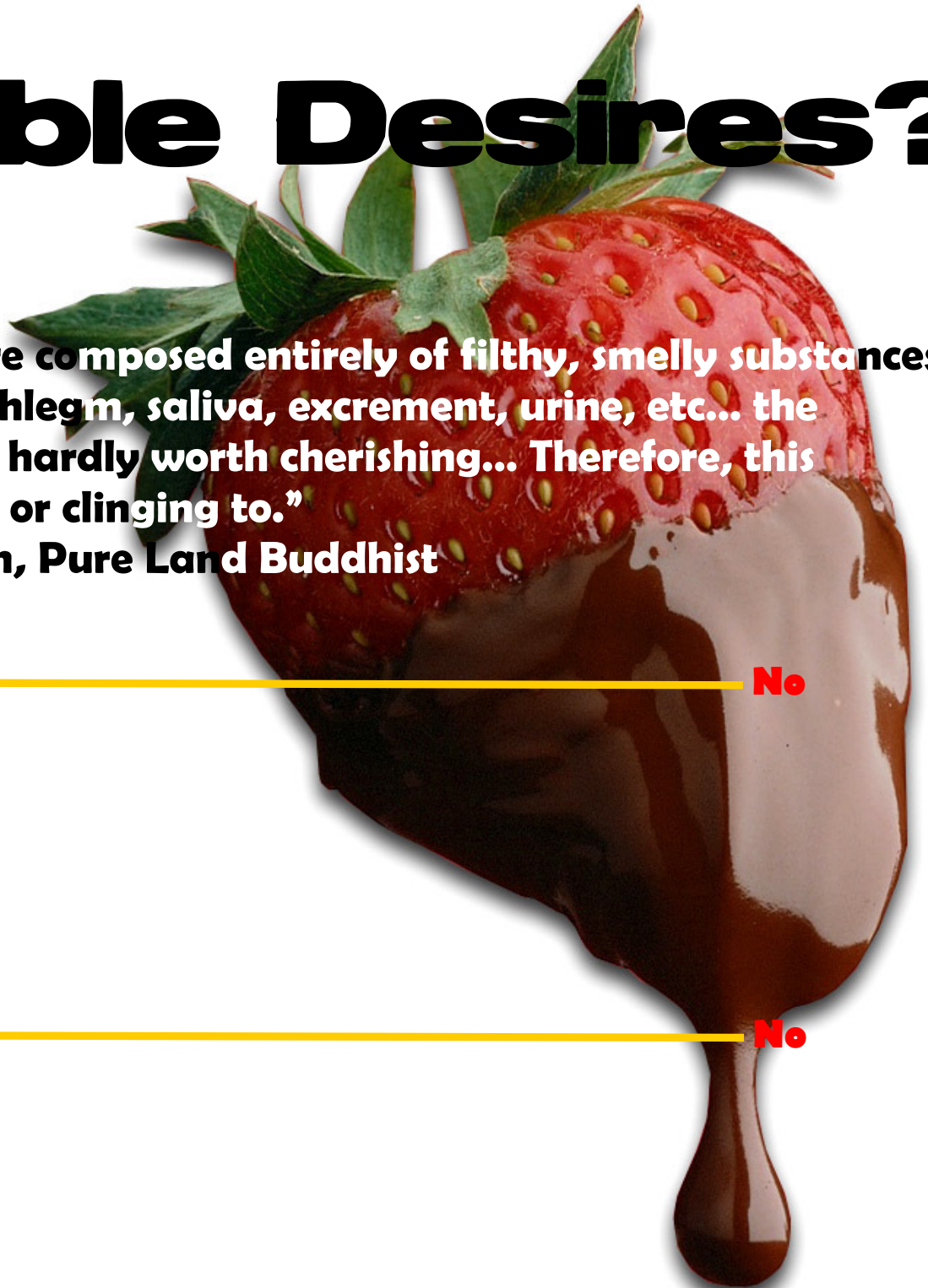
Yes

No

“Do whatever makes you happy.”

Yes

No



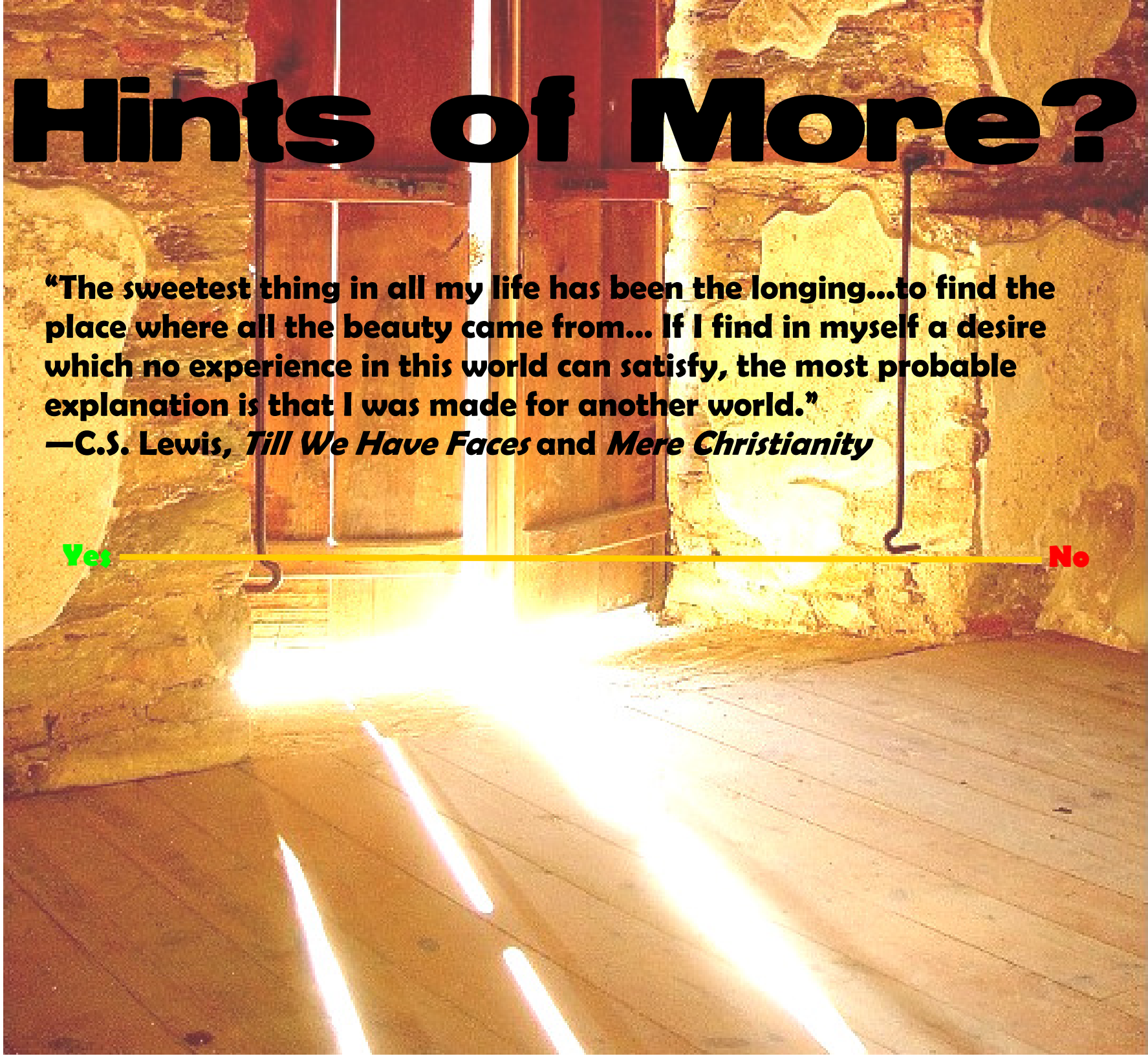
Hints of More?

“The sweetest thing in all my life has been the longing...to find the place where all the beauty came from... If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world.”

—C.S. Lewis, *Till We Have Faces* and *Mere Christianity*

Yes

No

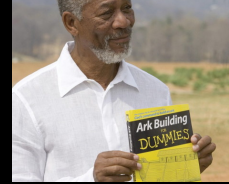


What Kind of God Do You Desire?

Choose as many as you'd like



A God with no particular desires of His/Her own



A God with strong desires of His/Her own



A God who wants to shape our desires towards His/Hers



A God who wants to cleanse us of all desires



A God who lets us do what we want



A God who helps us get whatever we want



A God who feels affection for us



A God who feels neutral towards us



None



Other