





Purose?



Stress and Your Body

How many all nighters do you pull per year?

How many hours of sleep do you get per night, on average?

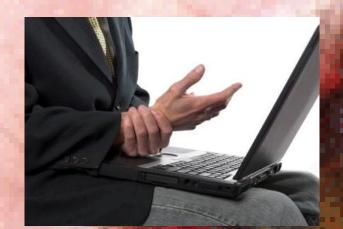
Stress and Your Body

How many days do you spend sick per year?



Damage to Your Body?

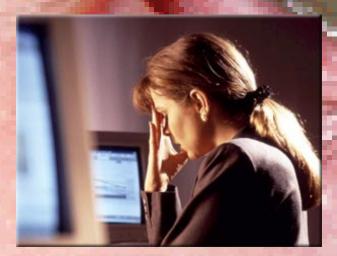
Which injury do you most want to avoid?



Carpal tunnel



Torn ACL



Damaged eyesight



Lung cancer



Bad fracture

Substances and Your Body

Have you ingested any of the following?



Alcohol



Steroids



Marijuana



Prozac



Nicotine (cigarettes, tobacco)



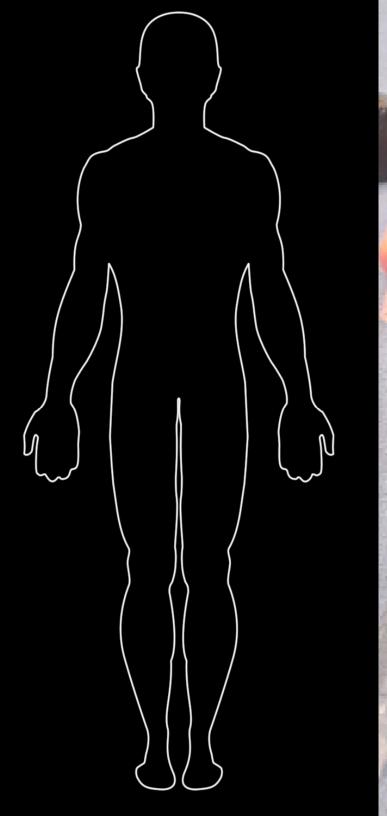
Ritalin



Birth control pills



Caffeine



What **One Thing** Would You Change **About** Your Body?

> Place only 1 dot on the area of the body



Would You Sell Your Body?

| A pint of blood \$0.00 | \$10,000 | Not for sale |
|------------------------|----------|--------------|
| A kidney | | |
| \$0.00 | \$10,000 | Not for sale |
| Sperm or egg | | |
| \$0.00 | \$10,000 | Not for sale |
| Sex | | |

Not for sale

\$0.00

Love, Sex, and Your Body

Agree

Disagree

What are all of us but selfreproducing robots? We have been put together by our genes and what we do is roam the world looking for a way to sustain ourselves and ultimately produce another robot child.

- Richard Dawkins

Love is just a chemical reaction going on inside your body.

- A Facebook page

Who Has a Legit Claim on Your Body?

My future children



My country







Who Has a Legit Claim on Your Body?

My God The poor

My significant other







What is Your Body?

A prison: 'The soul is a helpless prisoner chained hand and foot in the body.'

- Plato (*Phaedo,* 839) Your body is a temple of the Holy Spirit who is in you, whom you have from God, and you are not your own; you have been bought with a price, therefore glorify God in your body.

- the Apostle Paul (1 Corinthians 6:19) Our bodies are merely chemicals wrapped in skin.

What's the Destiny of Your Body?

Whatever else happens to your *soul*, the ultimate fate of your *body* is...







Resurrection

Your Body, Others' Bodies

With which story would you most align?

| | STORY 1 | STORY 2 | STORY 3 |
|--|----------------|----------------|-------------------|
| What are we? | Souls | Souls & bodies | Bodies |
| Ultimately, what happens to us? | Souls escape | Resurrection | Death |
| Sex & marriage are | Neutral to bad | United & good | Social constructs |
| Do we care for the bodies of the poor? | Not really | Absolutely | Maybe |
| With which view do you most align? | | | |